

# ArtStream

Written Instructional Guide



# Building Worlds With Paper

*For K-2 Students*

With Teaching Artist Victoria Wills

**Lesson 1:  
Your World  
Planning Journal**

# Introduction

Welcome to Building Worlds With Paper

There's a world living in your imagination. You can share your ideas about your world as we make a planning journal that will show:

- The name of your world.
- What your world looks like.



# Materials

For this lesson you will need:

- 2 pieces of Paper- printer or sketch paper
- Colored Pencils
- Graphite Pencil
- Scissors
- Glue, tape, or staples



# Let's get started with a moment of gentle movement.

- Be seated in a comfortable place.
- Imagine you're dipping your elbows into paint. What color will you choose?
- Move your elbows in giant circles as you imagine that you're painting circles of color in the air.
- Try painting a color circle wherever you think one is needed.
- You can paint circles over your head, on your sides, below and behind yourself.



## Gentle movement (*continued*)

- Move your elbows in the opposite direction making more color circles in the air.
- Try to cover all the same areas with circles that you painted in the other direction.



# Gentle movement (*continued*)

Let's wash up now.

- Rub your hands together as if you're washing off all the paint.
- Rub your hands together as if you're washing off all the paint.
- Remember to rub the paint off your elbows too.
- This is a movement you can do at anytime to help you relax or stretch.

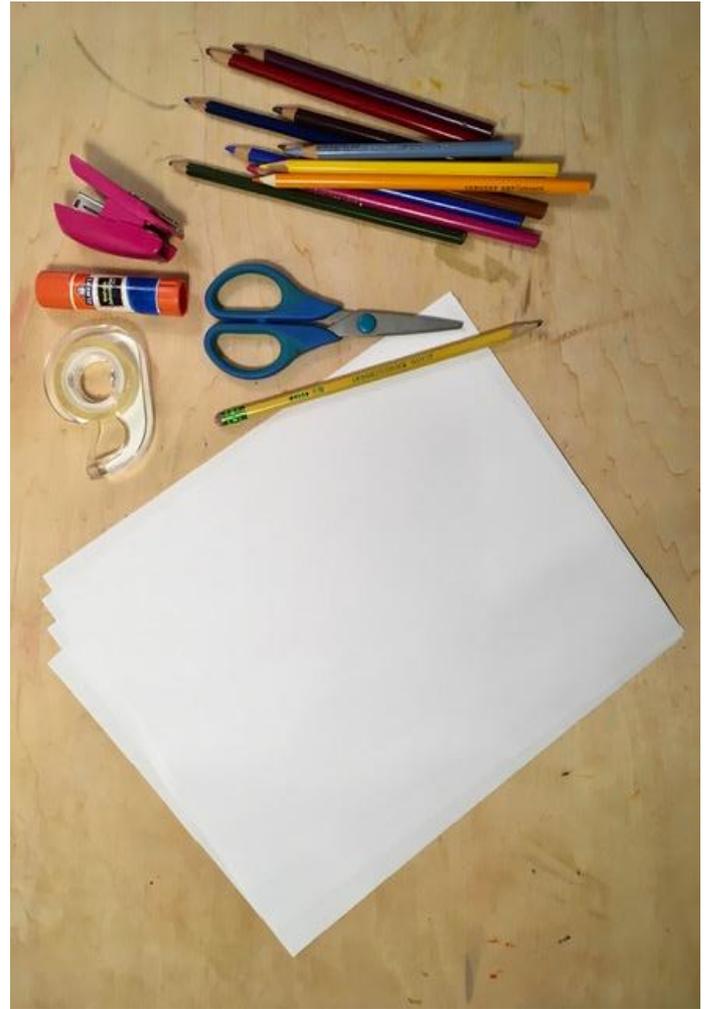


We are warmed up and ready to create.

# Step 1: Organize our materials

Let's set up our materials

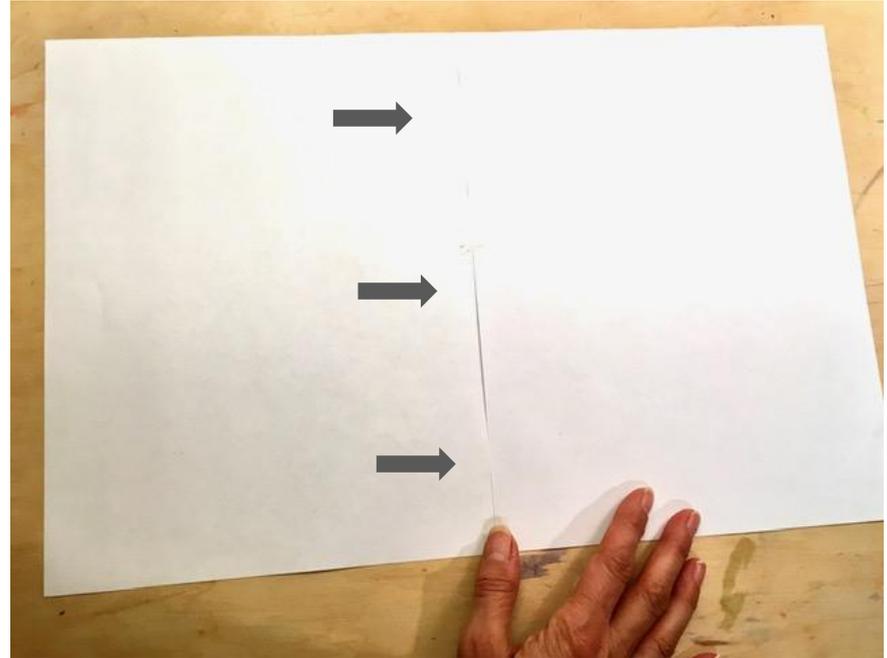
- Locate two pieces of paper
- Tape, glue or a stapler
- Colored pencils
- Graphite pencil
- Scissors



## Step 2: Connect the front cover and back cover (*tape option*)

If you are using **tape**, follow these directions.

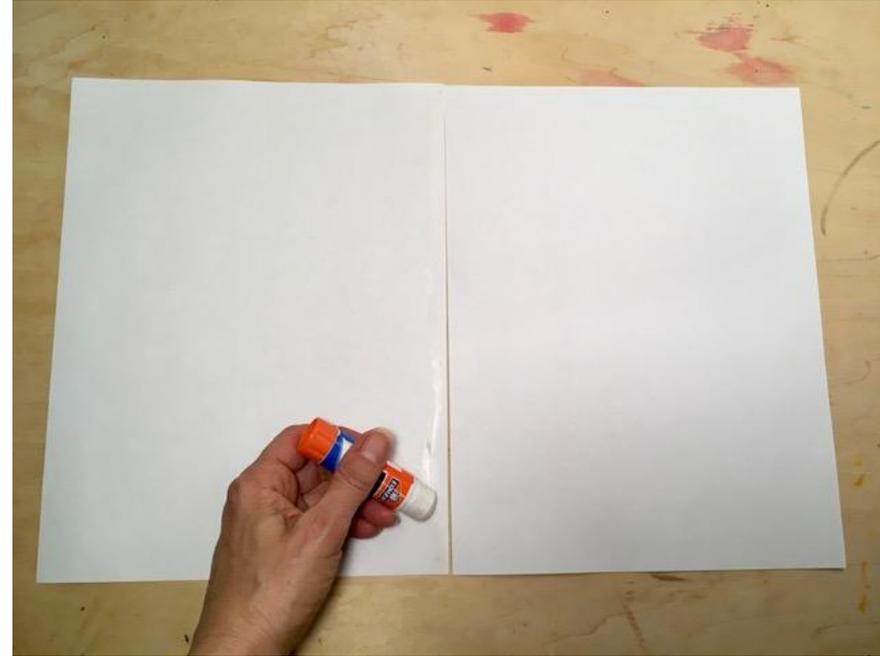
- Lay two pieces of paper side by side as shown in the photo.
- Connect the two pieces of paper to make a book cover by laying the tape across both of the pages to connect them.
- Use the arrows as guides for where to place the tape on your papers.



## Step 2: Connect the front cover and back cover (*glue option*)

If you are using **glue**, follow these directions.

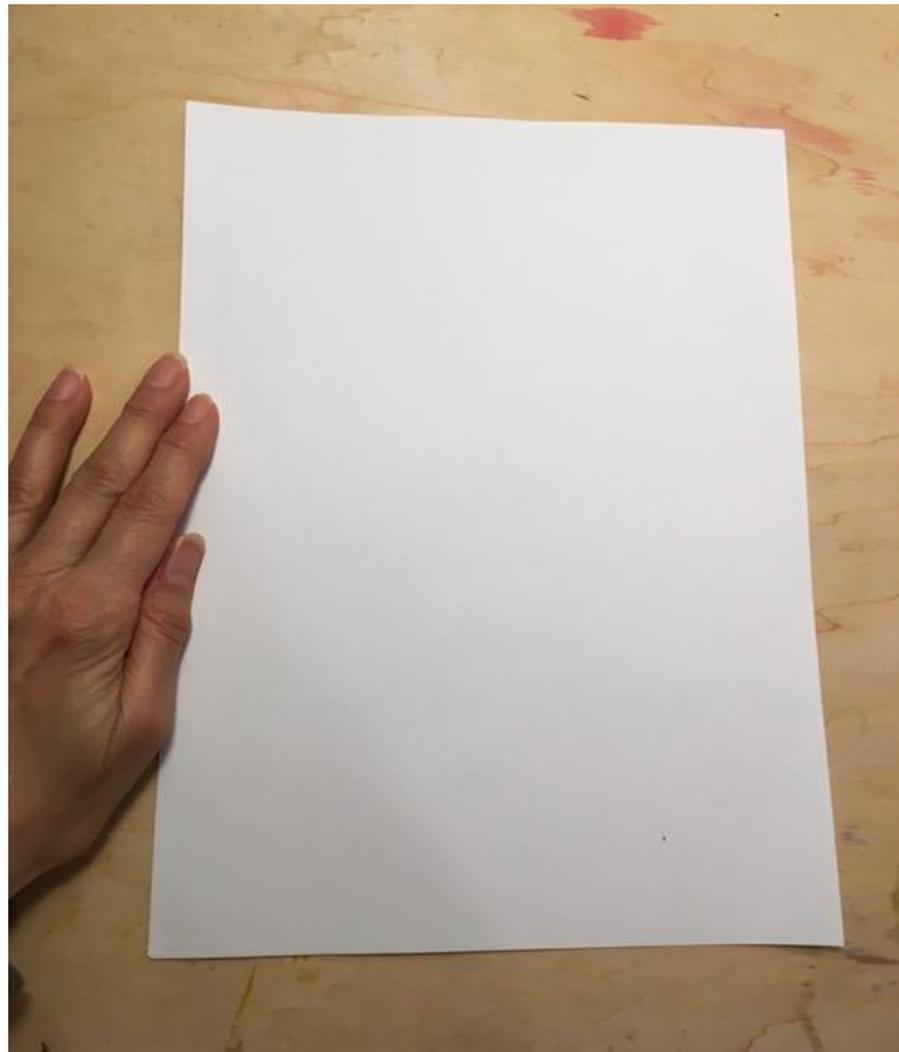
- Draw a line of glue with your glue stick or paint or squeeze a line of liquid glue in a line along the long edge of the one side of paper about a  $\frac{1}{4}$ " from the edge.
- $\frac{1}{4}$ " is about the same as the width of a pinky finger.



## Step 2: Connect the front cover and back cover (*glue option, continued*)

If you are using **glue**, follow these directions.

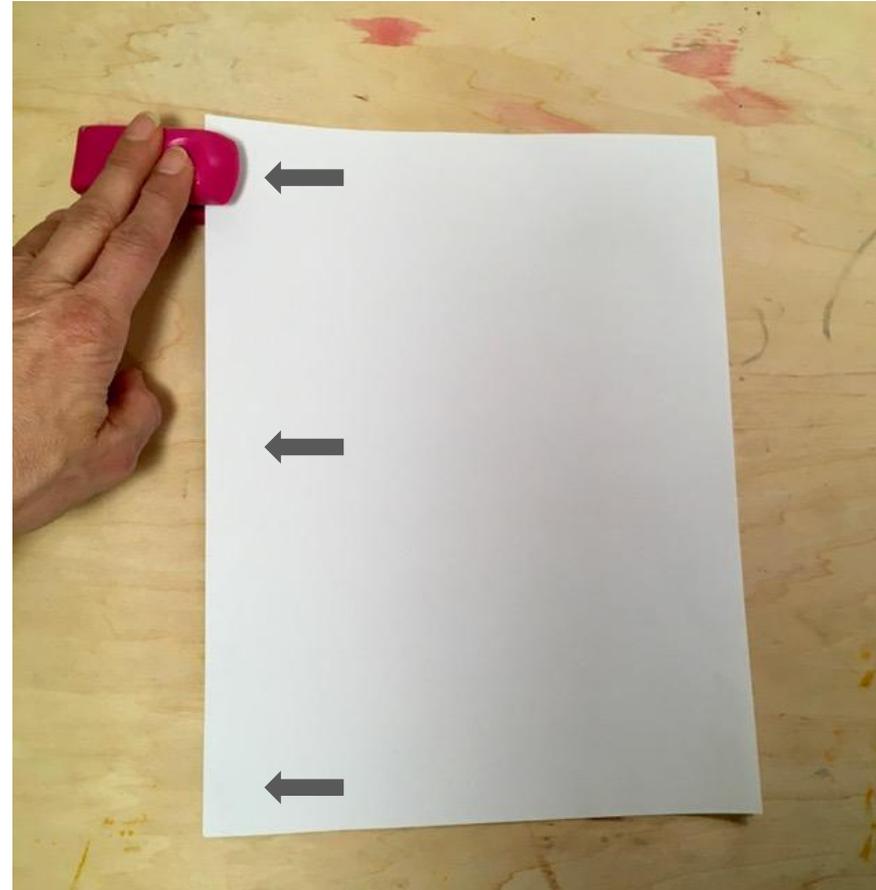
- Lay the other piece of paper on top, matching the edges and gently pressing the two pieces of paper together along the glue line.
- Next create a crease for opening without breaking the glue bond. Do this by folding back the top paper about  $\frac{1}{4}$ " from the glue line.



## Step 2: Connect the front cover and back cover (*stapler option*)

If you are using **staples**, follow these directions.

- Lay one piece of paper on top of the other piece of paper as shown in the photo.
- Apply staples in a line along one long edge of the papers about  $\frac{1}{4}$ " away from the edge.
- Use the arrows as guides for where to place each staple.



# Step 3: Envision your world's landscape

Let's look for ideas about what the landscape of your world looks like.

- Close your eyes if you're comfortable and try to see your world as if you were a bird circling and flying above and take a picture of your world in your mind.
- Swoop down toward the ground closer to the land and take a look at your world, and notice what you see.



## Step 3: Envision your world's landscape (*continued*)

What kind of land features are found in your world?

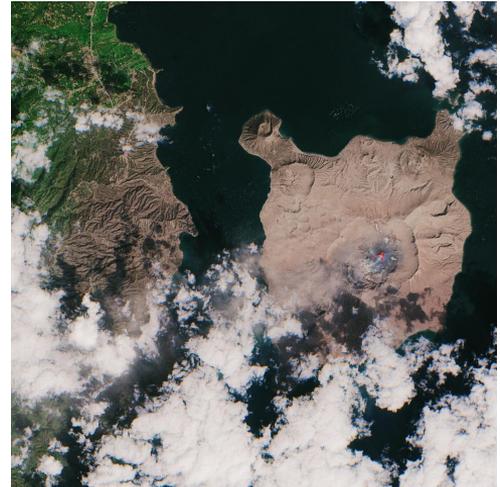
- Is your world flat, or hilly?
- Are there mountains, caves and tunnels?
- Are there any volcanoes?
- Is your world a vast sandy desert?
- Is your world underwater?
- Is your world in an icy lake in the mountains, is it in a bubbling, splashing stream, is it a slow moving river?
- Is your world in the ocean?



## Step 3: Envision your world's landscape (*continued*)

What kind of weather is found in your world?

- Do you have windy skies?
- Are the days warm and sunny?
- Does your world ever become covered in snow?
- Are there many rainy days on your world?
- Do you see any ash in the air coming from volcanoes?
- Is your world hot and muggy?
- Is the air hot and dry most of the year?



## Step 4: Name your world

Using all the ideas you've just generated about your world, think of a name that sounds like it describes your world the best.

- Write the name or work with an adult mentor to help you write the name of your world at the top of the journal cover.
- Choose the colors to write your title that make you think of your world.



## Step 5: Decorate the cover

Now that you've assembled your planning journal, added a name and brainstormed for what your world looks like, let's go back and make more creative choices and decorate your cover.

- Before the next lesson, take some time to decorate the cover of your planning journal by drawing a picture on the cover that gives an idea of what your world looks like.



# Reflective Moment

Let's spend a moment reflecting on what you've just accomplished.

- Take a moment to place hands in your lap, lengthen your back, fill your lungs with a deep breath and let it out slowly.
- Imagine the planning journal you've just made.
- Think of one choice you made on this project that you feel proud of.

Now take that good feeling with you into the rest of your day.



# Thank you!

You've completed your planning journal...

Now continue envisioning what your world looks like! Use your journal to take notes and draw pictures as new ideas pop into your head.