

# ArtStream

Written Instructional Guide



# Building Worlds with Paper

*For K-2 Students*

With Teaching Artist Victoria Wills

# Lesson 4: Make a Pop-Up Greeting Card

# Introduction

Welcome!

For today's lesson we'll reflect on the three projects you've just completed and create a pop-up greeting card that shares a snapshot of a moment in the world you've imagined.



# Materials

For this lesson you will need:

- 2 pieces of paper- printer or sketch paper
- Colorin supplies - colored pencils, markers, or crayons
- Graphite pencil
- Scissors
- Tape or glue



# Let's get started with a mindful moment of gentle **movement**

The more energized and peaceful we can be our  
most creative selves and do our best work.

Let's take a moment to find peace and tune into our  
creative energy.

- Sit up in your chair with your hands resting in  
your lap.
- Place one hand over your heart and the other at  
the bottom of your rib cage.



## Gentle movement (*continued*)

- Begin to inhale for four counts, letting your breath fill your lungs.
- Notice that your chest rises when we inhale and presses against your hands.
- Exhale for six counts noticing that your chest returns to its original position when we exhale.

Repeat this cycle three times.



## Gentle movement (*continued*)

- Return to sitting up in your chair with your hands resting in our laps.
- Extend both arms away from you at your sides, with straight elbows and fingers reaching outward.
- Wiggle your fingers and send energy outward, beyond your fingertips.



# Gentle movement (*continued*)

- Bring both arms inward and cross them over your chest.
- As you bring your arms in, imagine you're gathering energy and bringing it to yourself.
- Give yourself a nice big hug.

Repeat this three times.

Remember that you can practice this peace and energy building breathe and movement during the day whenever you need an extra moment to yourself.



# Introduction to Today's Project

Let's bring the elements of your world together to share a snapshot of a moment in time in your world through a pop-up greeting card.

- Imagine that you'd like to send a greeting card to a friend.
- That card will show what the land, plants, and creatures look like on your world.
- If someone looked at your greeting card, they could imagine themselves being in your world.



# Step 1: Envision an idea for your card

Think about where on your world the card will depict

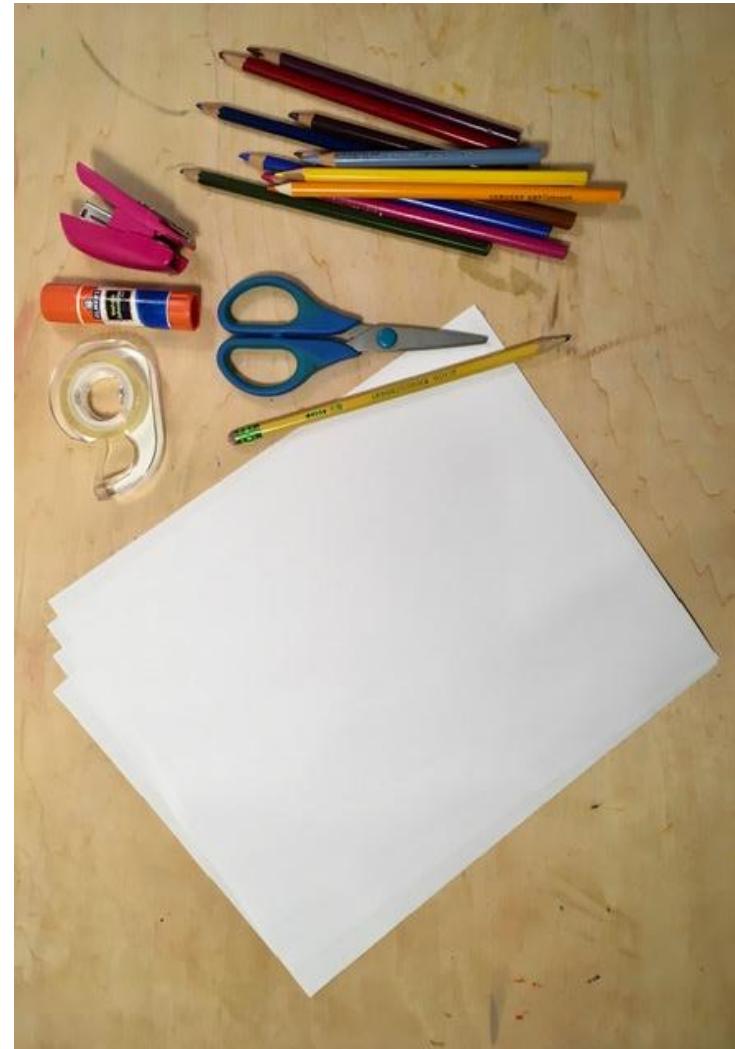
- Take ideas from the past projects.
- Visualize the perfect spot.
- Notice what the land looks like in the spot.
- What plants are growing there?
- What is the weather like on that day?
- What creatures would you like to show on your card?



## Step 2: Organize your materials

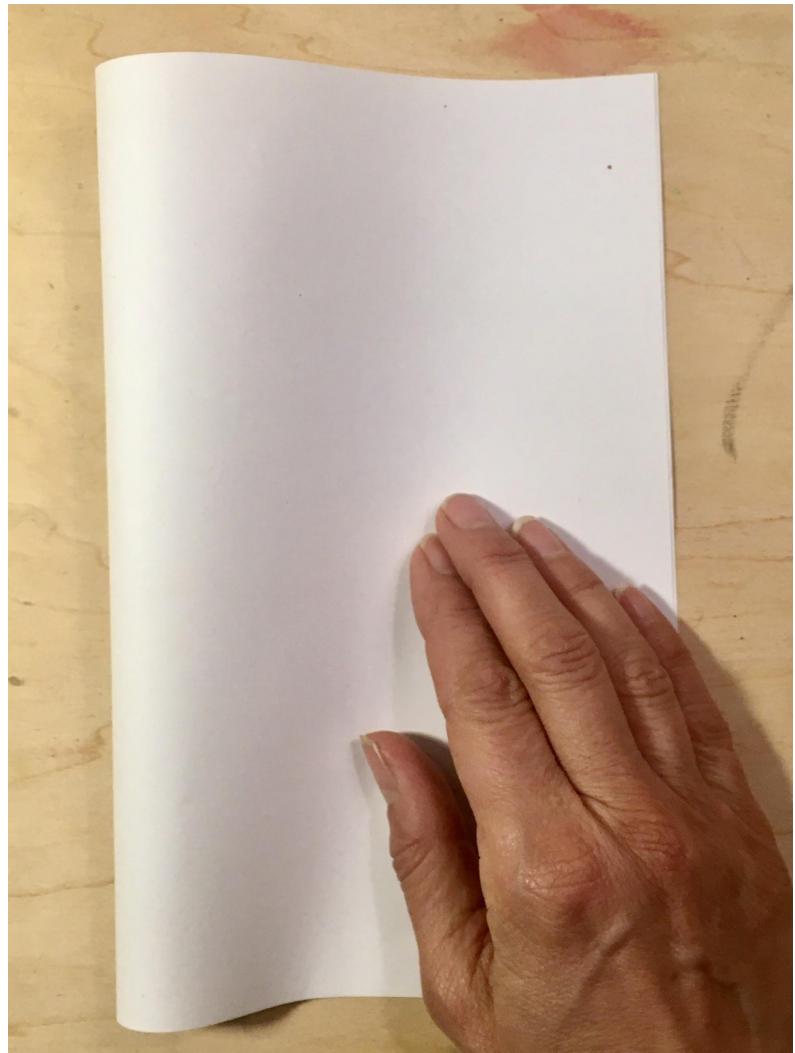
For this lesson you will need:

- 2 pieces of paper- printer or sketch paper
- Coloring supplies - colored pencils, markers, or crayons
- Graphite pencil
- Scissors
- Tape or glue



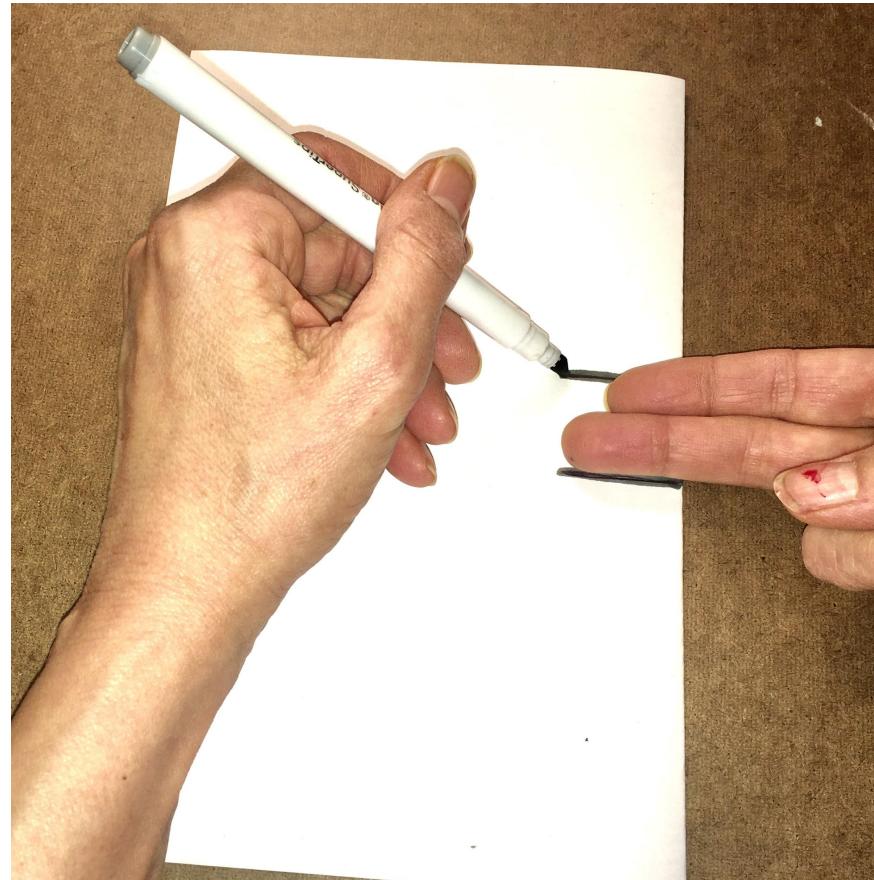
## Step 3: Fold a piece of paper

- Take one piece of paper and fold it in half matching the short ends together.
- Follow the same folding directions, we've used in previous lessons to achieve a clean fold.



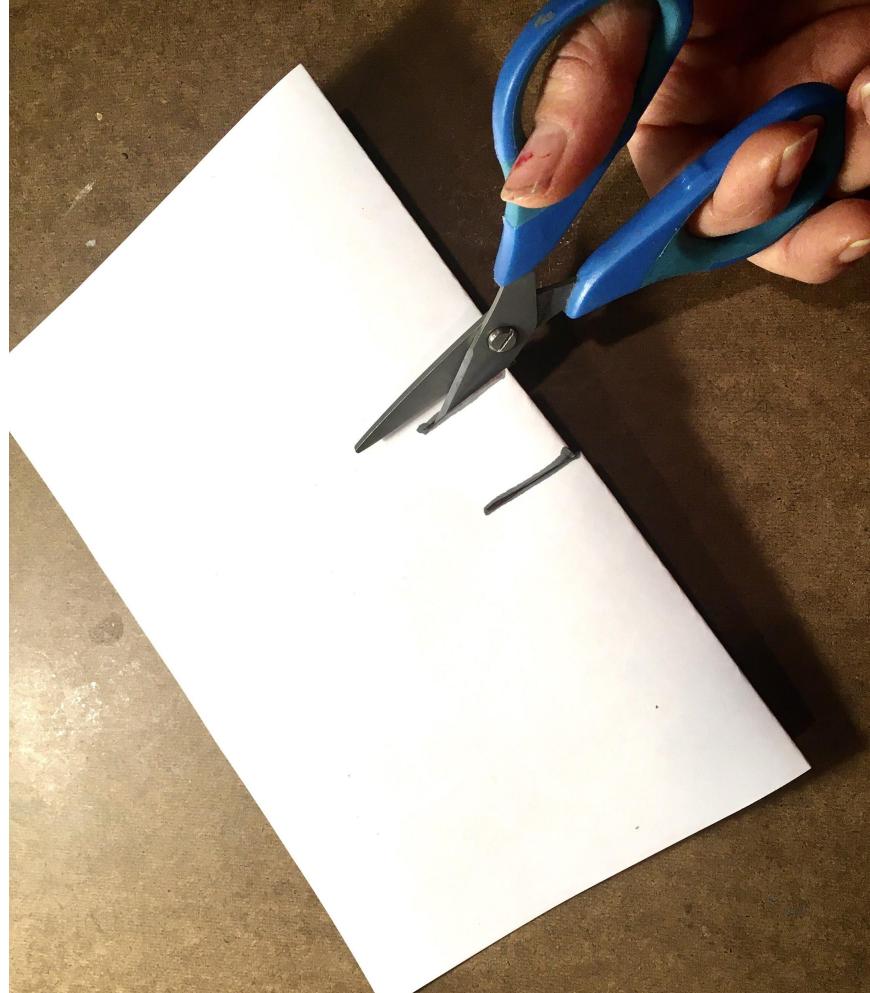
## Step 4: Measure and draw cutting guides

- Place two fingers at the center of the folded edge.
- Draw a line on either side of your fingers that begins at the folded edge and continues to the your first knuckle.



## Step 5: Cut along the cutting guides

- With your scissors, cut along the cutting guiding lines you've just drawn to make two cuts.



# Step 6: Design and decorate the cover of your card

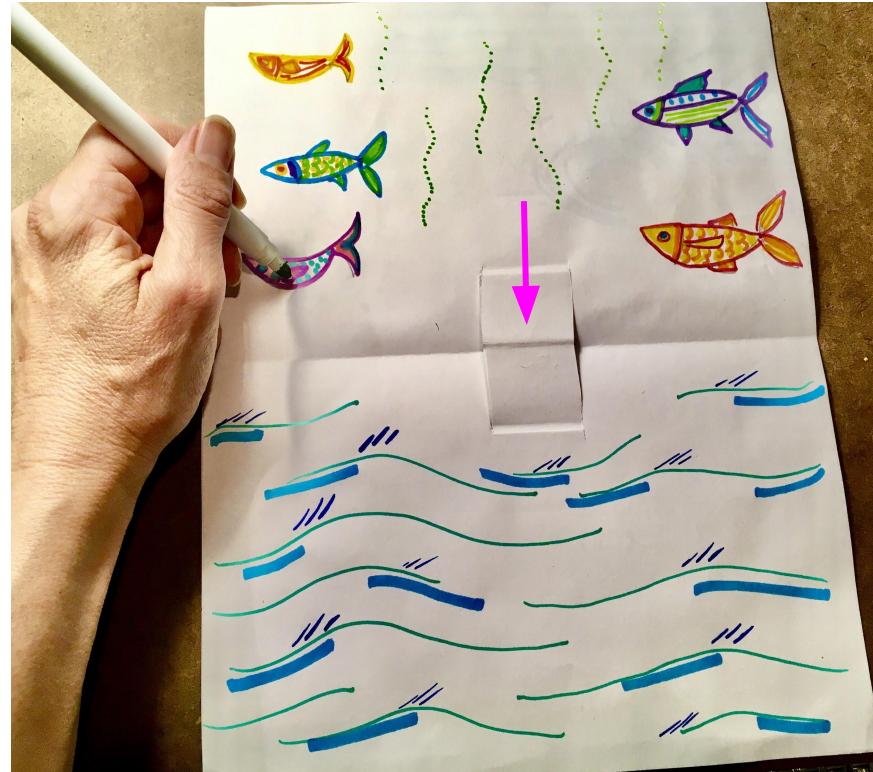
- Use your drawing materials to decorate the front of your card so that it shows the scene you envisioned at the start of this lesson.
- Draw details like water, land forms, plants, or creatures from your world.
- You may want to add words. You can ask an adult mentor to help you with spelling.
- Avoid drawing inside of the cut lines.  
*(painted to with pink arrow in picture)*



## Step 7: Design and decorate the inside of your card

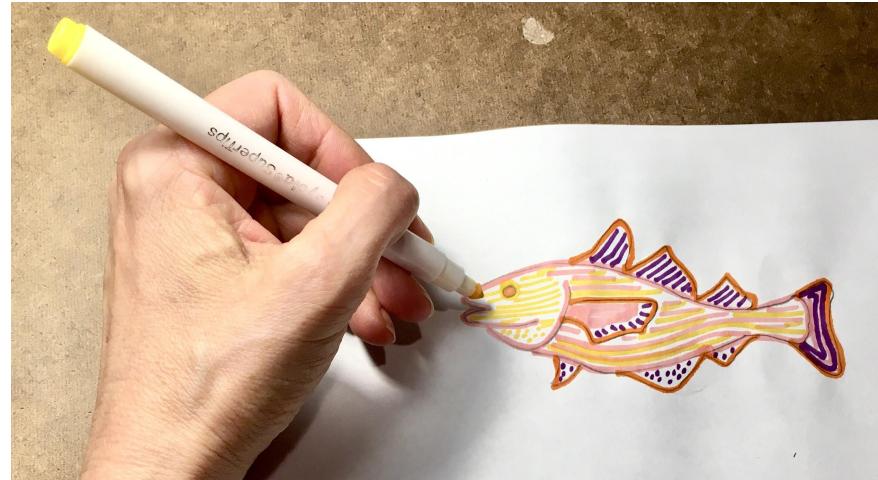
You will decorate the inside of your card with a “pop up” creature or plant. Envision what you would like to show on your “pop up” tab

- Use your drawing materials to decorate the inside of your card to show the environment your pop-up creature or plant lives in.
- Avoid drawing inside of the cut lines.  
*(painted to with pink arrow in picture)*



## Step 8: Design and create your “pop-up” creature or plant

- Grab a new piece of paper.
- Draw the pop-up creature or plant that you plan to use inside your greeting card.
- Add details, patterns, and textures to show the unique features of your creature or plant.



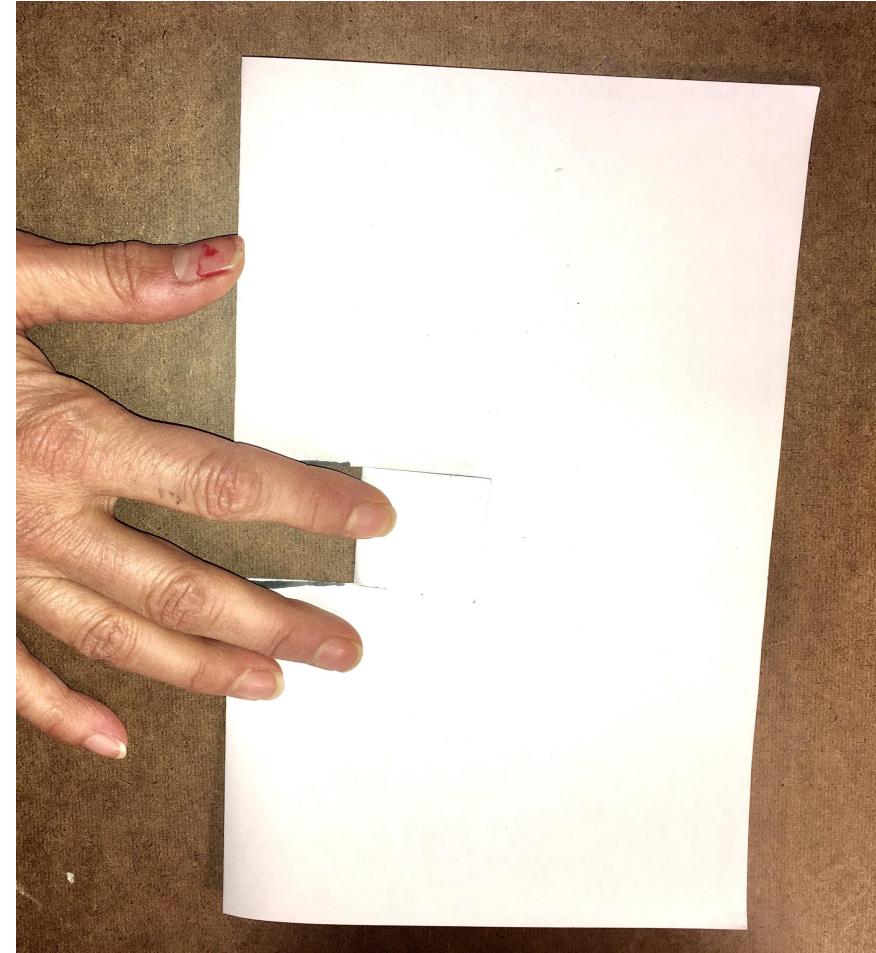
## Step 9: Cut out your “pop-up” creature or plant

- Using your scissors, cut out the pop-up creature or plant.
- You do not need to cut along the exact border of your drawing. It's a good idea to give yourself some room when cutting out the figure. This gives it stability.



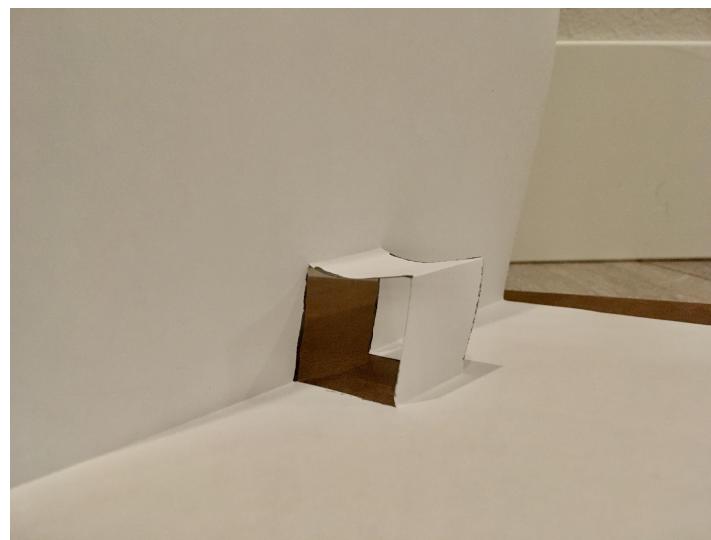
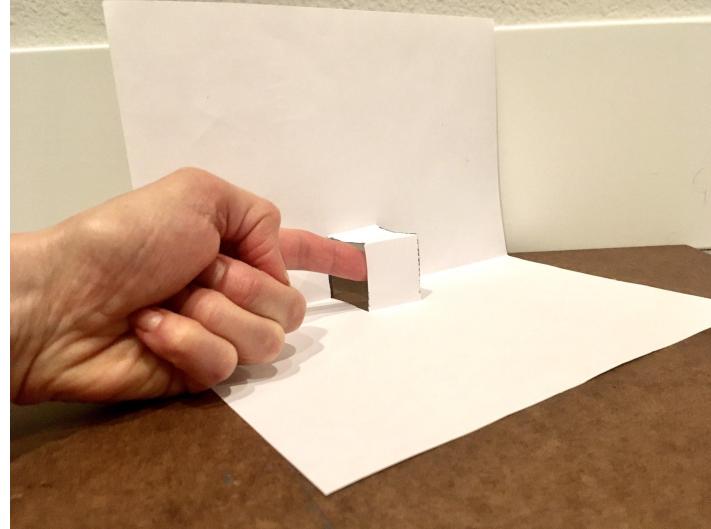
## Step 10: Crease the “pop up” step

- Close your card.
- Fold the tab toward its base to make a crease.
- Turn your card over, and fold the tab in the opposite direction to deepen the crease.



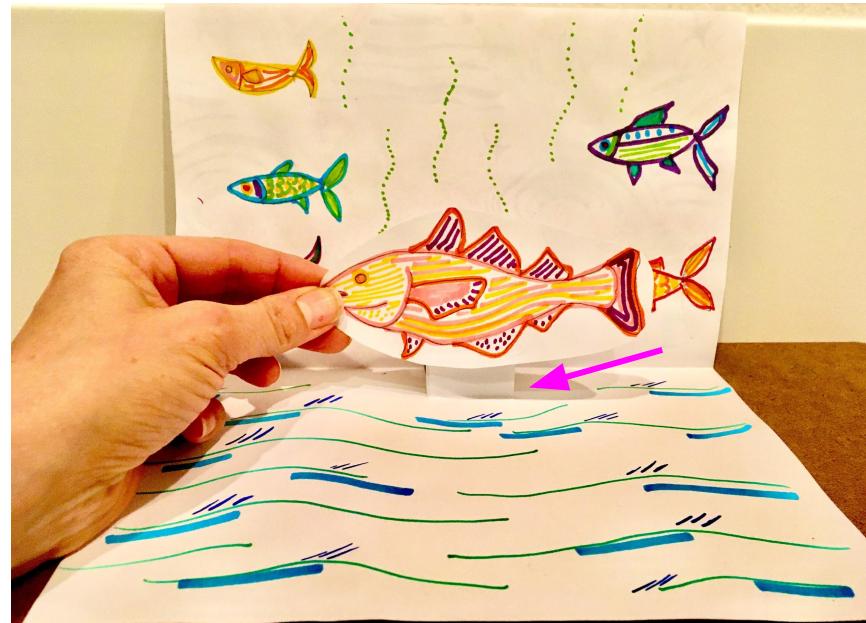
## Step 11: Make your “pop up” step

- Open the card.
- Uses your finger to gently pull the cut tab outward to make a stair step.
- The fold of your tab should bend the opposite direction of the fold in your card.



## Step 12: Attach your “pop-up” creature or plant

- Place the “pop-up” creature or plant on the stair step to decide where you will attach it.
- Be sure to keep the bottom of the figure from touching the card so the card will close properly. (*Notice the space left in picture, pointed to by the pink arrow*)
- Attach your “pop-up” creature or plant to the step using tape or glue.



# Reflective Moment

Let's take a moment and reflect on the methods you've used to create your card. You had to imagine your card and then follow a plan to make it real.

Sit up in your chair, observe your hard work and feel a sense of accomplishment for your achievement.



# Thank you!

I'm so glad you joined in to learn new skills and make something amazing!

- Please be sure to show your greeting card to an adult mentor or friend nearby so they can help celebrate your achievement with you.
- You've worked hard to learn these new art-making skills.
- Remember all the creative choices you've made and all you've accomplished.
- In everything you do, bring creativity along with you and keep making art!