

# ArtStream



# Experimental Printmaking

*For 5-8 Grade Students*

With Teaching Artist Erika Wolf

# Lesson 2: Printing with Stencils

# Relaxing into Art

- Let's get ready with a moment of breathing!
  - Inhale for 2 counts, exhale for 4 counts
  - Next, inhale for 4 counts, exhale for 6 counts
  - Finally, inhale for 6 counts, exhale for 8 counts
- Repeat as many rounds as you'd like
- Mindful breathing can help us feel calm if we're stressed or anxious
- It's also a great way to put ourselves in the moment so we're ready to create!



[Insert photo of first directive]

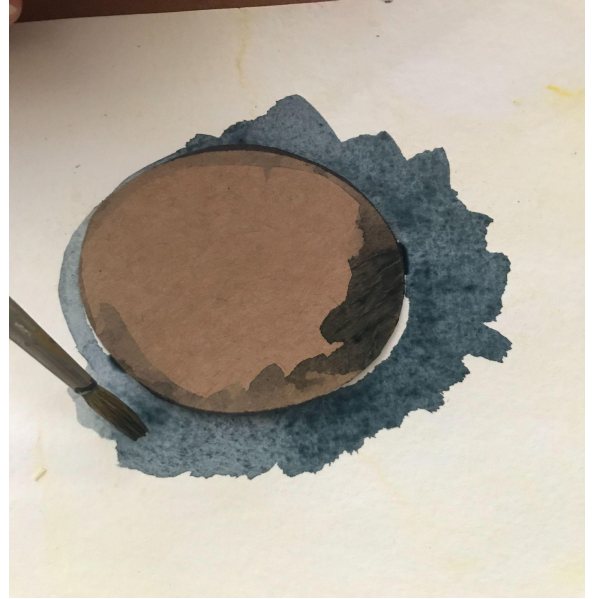
# Setting up your workspace

- Printmaking is messy so we need to put some cardboard, old plastic tablecloth, or something on our work surface
- Gather stencils, cardboard or paper surface to print on, paint or food coloring, paint palette, water, brush/sponge, something to stir with



# Printing with Cardboard Stencils

- Put a small amount of watercolor paint in your palette, add a little water & stir, if food coloring, add even less water
- Lay stencils on your print surface to plan your design
- Using your brush or sponge, paint around the edges of your stencil
- Repeat process using a different stencil or color, if you overlap shapes the paint will change color
- Continue this process on your other surfaces



# Reflection Moment

- Trying new things can be really challenging, so begin by giving yourself a pat on the back for showing up!
- Now, take a moment to imagine what other materials you might have around your house that might be used as a stencil and gather it up to experiment with next week!”

